

20th ANNUAL COACH'S CLINIC
PRESENTED BY: THE ORANGE COUNTY BASEBALL CAMP
2012

COST: FREE!!!! All speakers, coaches and demonstrators donate their time!

DATES: Wednesday, January 4 Columbus Tustin Middle School-Multi-Purpose Room
 Wednesday, January 11 Columbus Tustin **Gym**
 Wednesday, January 18 Columbus Tustin Middle School-Multi-Purpose Room
 Wednesday, January 25 Columbus Tustin **Gym**

TIME: 6:30 – 9:00 pm

LOCATION: Listed above for each individual date. Addresses and directions are as follows:

Columbus Tustin Middle School – Multi-purpose room

17952 Beneta Way, Tustin, CA 92780

From the 55 Fwy: Exit on 17th Street toward Tustin, right on Prospect, left on Beneta Way

Clinic Director: **Tim O'Donoghue**, Owner/Director of The Orange County Baseball Camp High School, Principal, Former Tustin High School Head Baseball Coach, CIF Coach of the Year
 33 years of experience coaching youth baseball (Little League, Pony League, and Senior League)

Instructors:

Greg Jennings, Former High School Baseball Coach and over 20 years experience as youth baseball coach

Kevin Lavalle, Beckman High School Head Varsity Coach

Dick Phillips, Baseball Academy Instructor, Youth and High School Baseball Coach

Herschel Musick, Former High School Baseball Coach and long time youth baseball

Gary Fishel, Foothill High School Head Varsity Coach

Vince Brown, Foothill High School Athletic Director and Former Head Coach

Dr. Tim Franks, Sports Doctor

Wednesday, Jan. 4 CT Multi-Purpose Room	Wednesday, Jan. 11 CT Gym	Wednesday, Jan. 18 CT Multi-Purpose Room	Wednesday, Jan. 25 CT Gym
General Session	General Session Inside CT Gym	General Session	General Session
Course Overview	Offensive Drills	Injury Prevention	Tee Ball and Coach Pitch Strategy
Role of the Coach	Defensive Drills	Break Out Sessions Infield Play	
4 Keys to Successful Baseball	Fun Hitting Games	Hitting Fundamentals	
Throwing Mechanics	Game Situations	Pitching Fundamentals	
Successful Practice Organization		Cutoff Assignments	
		Priority System for Flyballs	
		1 st and 3 rd Defense Run downs and bunt defense	
		Travel Ball/Pony Skills • Holding runners on • Taking leadoffs • Pick off plays	

For further information or questions: Tim O'Donoghue (714) 552-0430 or todonoghue@tustin.k12.ca.us